

## Questions to use to assess level of risk and to help decide where to refer

- Is everything alright in your life?
- Is despair/hopelessness being expressed by the person?
- Is the person receiving treatment for mental illness/emotional problem?
- Is there abuse of drugs or alcohol?

- Is there a family history of suicide?
- Have there been past suicide attempts?
- Are they thinking about suicide?
- Have they a suicide plan?
- Do they have access to means (e.g. gun)?
- What protective factors do they have?

### Medium to High Risk

- \* Multiple risk factors present (consider answers to the above questions)
- \* Active suicidal thoughts present

### Low Risk

**Low Risk DOES NOT MEAN No Risk**

### Agreeable to a referral at next possible time

**REFER TO –**

**Weipa MH & ATODS –  
Weipa  
4082 3616  
Weekdays**

Outside of the above times, phone  
**Weipa Hospital  
on  
4082 3900**

**Royal Flying Doctor  
Service  
(24 hours)  
4040 0500**

People rarely suicide in company – organise support and services.

### In an emergency

Policelink.....131 444  
Weipa Police.....4090 6000  
**Emergency (Police/  
Ambulance/ Fire).....000**  
**Mobile phones with  
no coverage.....112**  
**Napranum Primary Health  
Care Centre.....4082 3500**

**When making a referral, the  
following should be said:**

**“Hello, I’m ..... from .....  
I have a person with me who  
is at  
HIGH RISK OF SUICIDE”.**

**Flowchart developed by -  
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**Adapted from the  
FNQ Suicide Prevention  
Taskforce  
Cairns Community Flowchart**

### Other options for referral and assistance

Apunipima..... 4037 7100  
ATODS.....4226 3900  
Cairns Mental Health Service.....4226 3100  
Dads in Distress.....1300 853 437  
DV Connect Mensline.....1800 600 636  
Elder Abuse Helpline (9-5 Mon-Fri).....1300 651 192  
headspace (Cairns).....4041 3780  
Mental Health Carers  
Supportline Qld (Landline Only)....1800 351 881  
Parent Line (8am–10pm 7days)..... 1300 301 300  
Pregnancy Counselling Link.....1800 777 690  
Qld Aids Council.....1800 177 434  
Relationships Australia.....1300 364 277  
Sexual Assault Helpline.....1800 010 120  
Western Cape College.....4090 6444  
Weipa Community Care.....4069 9272  
Weipa Hospital.....4082 3900  
Weipa Probation and Parole.....4069 8129  
Women’s Crisis Shelter.....4069 9272  
YETI.....4051 4927  
YouthLink.....4031 6179  
**24 hour referral services:**  
13Health.....1343 2584  
Alcoholics Anonymous.....1300 222 222  
Alcohol & Drug Information Serv.....1800 177 833  
ARAFMI Ltd (Mental Health Carers).....1300 554 660  
beyondblue Supportline.....1300 224 636  
Cairns Crisis Intervention/Service Acce.ss/  
Referral/Community Mental Health.....1300 642 255  
Child Safety Services.....1800 177 135  
Christian Channel Careline Team.....1300 302 170  
Family Drug Support.....1300 368 186  
Gambling Helpline Uniting Care.....1800 858 858  
headspace (9:00am-1:00am).....1800 650 890  
Kids Helpline.....1800 551 800  
Lifeline (lifeline.org.au – link to  
chat).....13 11 14  
Mens Line Australia.....1300 789 978  
Open Arms Veterans & Families Counselling.....1800 011 046  
Poisons Information Centre.....13 11 26  
Salvation Army.....1800 913 917  
StandBy Support After Suicide.....0459 299 147  
Suicide CallbackService.....1300 659 467  
Victims Counselling & Support.....1300 139 703  
Women’s Domestic Violence (DV Connect)... 1800 811 811  
Women’s Domestic Violence Counselling.... 1800 737 722