

## Questions to use to assess level of risk and to help decide where to refer

- Are there recent crises or stresses?
- Is despair/hopelessness being expressed by the person?
- Is the person receiving treatment for mental illness/emotional problem?
- Is there abuse of drugs or alcohol?

- Is there a family history of suicide?
- Have there been past suicide attempts?
- Are they thinking about suicide?
- Have they a suicide plan?
- Do they have access to means (e.g. gun)?

### Medium to High Risk

Multiple risk factors present  
(consider answers to the above questions)  
\* Active suicidal thoughts present

### Low Risk

Low Risk DOES NOT MEAN No Risk

### Agreeable to a referral at next possible time

#### REFER TO –

**Doomadgee Rural Hospital**.....4745 8800  
Weekdays.  
8.30am – 4.30pm

**Burketown Primary Health Care Clinic**.....4745 5133  
Weekdays:  
8.00am – 4.30pm

**Mt Isa Hospital**.....4744 4444  
24/7

Client's private practitioner if applicable

**PEOPLE RARELY SUICIDE IN COMPANY – ORGANISE SUPPORT AND SERVICES**

Sponsored by:



### In an emergency

**Police/Ambulance** .....000

**Doomadgee Police Station** .....4742 9090

**Policelink**.....131 444

**Doomadgee Rural Hospital**.....4745 8800  
Weekdays 8.30am – 5.00pm

**Burketown Primary Health Care Clinic**.....4745 5133  
Weekdays 8.00am – 4.30pm

**Mobile phones with no coverage**.....112

*When making a referral, the following should be said:*  
*“Hello, I’m ..... from ..... I have a person with me who is at HIGH RISK OF SUICIDE.”*

*Flowchart developed by –*  
*FNQ Suicide Prevention Taskforce*  
*Dr Edward Koch Foundation*  
*Enquiries 0409 765 305*

### Other options for referral & assistance

Dads in Distress.....1300 853 437  
Doomadgee School.....4742 9111  
Doomadgee Youth Hub.....4745 8274  
DV Connect (Domestic Violence Helpline) Mt Isa.....4743 0946  
DV Connect Mensline.....1800 600 636  
DV Connect Womensline.....1800 811 811  
DV Connect Sexual Assault.....1800 010 120  
Elder Abuse Helpline.....1300 651 192  
headspace (Cairns).....4041 3780  
Parent Line Counselling.....1300 301 300  
PCYC.....4745 8032  
Pregnancy Counselling Link.....1800 777 690  
Qld Association for Healthy Communities.....3017 1777  
Relationships Australia.....1300 364 277  
Woolbubinya Wellbeing Centre (NWH) 8.30am-4.30pm.....4742 9400  
Wellbeing Clinician.....0476 850 450  
YouthLink.....4031 6179

#### 24 hour referral services:

13Health.....1343 2584  
Alcoholics Anonymous.....1300 222 222  
Alcohol & Drug Information Service.....1800 177 833  
ARAFMI Ltd (Mental HealthCarers).....1300 554 660  
beyondblue Supportline.....1300 224 636  
Cairns Crisis Intervention/Service Access/Referral/Community Mental Health.....1300 642 255  
Child Safety Services.....1800 177 135  
Christian Channel Careline Team.....1300 302 170  
Family DrugSupport.....1300 368 186  
Gambling Helpline Uniting Care.....1800 858 858  
headspace(9:00am-1:00am).....1800 650 890  
Kids Helpline.....1800 551 800  
Lifeline (lifeline.org.au – link to chat).....13 11 14  
Mens Line Australia.....1300 789 978  
Open Arms Veterans & Families Counselling.....1800 011 046  
Poisons Information Centre.....13 11 26  
Salvation Army.....1800 913 917  
StandBy Support After Suicide.....0459 299 147  
Suicide CallbackService.....1300 659 467  
Victims Counselling & Support.....1300 139 703  
Women's Domestic Violence Helpline (DV Connect).....1800 811 811  
Women's Domestic Violence Counselling.....1800 737 722