

## SUPPORT PACK INFORMATION

### BOOKS AND WEBSITES



TITLE	AUTHOR
Here, there and forever...where?	Andrews, M & P
Surviving the pain	Appleby, M
The death of your baby	Bar, DH
How We Grieve: Relearning The World	Attig, T.
Stillbirth and newborn death	Barr, P & de Wilde, D
Living through grief	Bauman, Harold
Tell me I'm here	Deveson, Anne
Growing through your grief	Dowling, Gerard
In your grief	Dowling, Gerard
I will remember these things forever	Edwards, J & Rotaru, N
The tree that survived the winter	Fahey, Mary
Balloons for Trevor	Good Cave, Anne
A treasury of comfort	Greenberg, S
How to cope with losing someone you love	Grollman, Earl A
In sickness and in health	Grollman, Earl A
No time for goodbyes	Harris Lord, Janice
A question of grief	Heike, Elizabeth
Supporting bereaved and dying children and their parents	Herbert, Martin
Morgan's baby sister	Johnson, P & Williams D
Eternity and me	Kellehear, Allan (PhD)
Grief and remembering	Kellehear, Allan (Ed)
To live until we say goodbye	Kubler-Ross Elisabeth
A letter to a child with cancer	Kubler-Ross Elisabeth
When bad things happen to good people	Kushner, Harold
Softly my grief	MacDonald, Ann
Will I survive this pain?	Manning, Doug
Grief is a family affair	Manning, Doug
Permission to grieve	Manning, Doug
Miscarriage	McGrath, Eileen
Siblings grieve too	McGrath, Eileen
Death of an infant or a young child	McGrath, Eileen
The grief of our children	McKissock, Dianne
Coping with grief (tapes)	McKissock, Mal
Coping with grief	McKissock, M & D
Beginnings and endings	Mellonie, B & Ingpen, R
When a man faces grief/A man you know is grieving	Miller, J & Golden, T



## WEBSITES

### **Carers Australia**

[www.carersaustralia.com.au/info\\_loss](http://www.carersaustralia.com.au/info_loss)

### **GriefLink**

[www.grieflink.asn.au](http://www.grieflink.asn.au)

- Information resource on death related grief for the community and professionals. Includes coping with grief, helping the bereaved, resources and education

### **Australian Network for Promotion, Prevention and Early Intervention for Mental Health**

[www.auseinet.com.au](http://www.auseinet.com.au)

- Access to information about mental health and suicide prevention

### **Australian Institute for Suicide Research and Prevention**

[www.griffith.edu.au/school/psy/aisrap](http://www.griffith.edu.au/school/psy/aisrap)

- The aim of the AISRAP is to promote, conduct, and support comprehensive intersectoral programs of research activities for the prevention of suicidal behaviours in Australia.

### **Suicide Prevention Australia**

[www.suicidepreventionaust.org](http://www.suicidepreventionaust.org)

- A non-profit non-government organisation working as a public health advocate in suicide prevention.

### **MindFrame**

[www.mindframe-media.info](http://www.mindframe-media.info)

- A resource for media professionals about mental health and suicide.

### **Reach Out**

[www.reachout.com.au](http://www.reachout.com.au)

- A service that helps young people get through tough times. It provides information and support on a range of issues including depression and suicide prevention.

### **Kids Help Line**

[www.kidshelp.com.au](http://www.kidshelp.com.au)

- Free telephone and online counselling service for young people aged 5-18